Update from the Physical Activity Measure Development Project Group
October 2022

Message from the Project Director

This last month has been a busy one with lots of continued momentum. We presented our project update to the various Work Groups at the HL7 meeting in Baltimore and received a lot of helpful feedback and support.

Following our meetings in Baltimore, at the end of September, we were able to submit an application to the Office of the National Coordinator (ONC) to have physical activity assessment added to the United States Core Data for Interoperability (USCDI). If we are successful in our submission, physical activity assessment would be added as a mandatory core data element in all electronic health records in version 4 of USCDI. The draft version of USCDI 4 will be released in January 2023 for public comment, so we will have lots of opportunity to strengthen our application and provide comments as we move through the process.

We are moving forward with our Implementation Guide (IG) Development with key input from our weekly core group meetings and expert advisory group. So grateful to everyone who is contributing their time and expertise to this important work. We’ll be continuing to solicit feedback from multiple key stakeholders in the next several weeks and assessing the timing for our first virtual “test drive” of our IG content.

Laurie Whitsel, PhD
Project Director

Progress Updates

The project group is finishing defining and prioritizing the supporting measures that are derived from wearable activity trackers, connected fitness equipment, and exercise logs. These measures have been shared with our expert advisory group for feedback. Once we reach consensus on these measures we can move toward referral and intervention portion of the implementation guide.

The project group will be determined our virtual test event will focus on the ability to exchange the baseline and supportive measures. We can now focus on a date for the event and the objectives we want to achieve.

Engagement and interest in our project continue to grow. We recently had a very productive meeting with members of the American College of Sports Medicine and the American Association of Cardiovascular and Pulmonary Rehabilitation who are interested in what are framework for referral and reimbursement will look like. We will be staying in close touch with these organizations and the numerous other stakeholders engaging with us. We will continue to develop these relationships and seek input throughout our process.

Goals for the Next Month

- Establish date(s) for our virtual test event and plan an agenda for the event.
- Wrap up the measures aspect of the IG, and begin to work on the referral and intervention aspects.
- Update the IG to reflect the changes to measures and create profiles to represent the different supporting measures.

Upcoming Events

Every Tuesday 2:30-3:30 PM Eastern - Weekly Project Group Meeting
Microsoft Teams Link or join by phone +1 469-480-3037 (ID: 559 127 067#)

November 2022 (tentative) – Physical Activity Project Virtual Testing Event. Notification of date and time will be sent out through the Listserv and posted on the Confluence page.

January 14-15, 2023 – HL7 FHIR Connectathon, Henderson, NV

Contact Us

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Follow Our Progress

Confluence Page: Physical Activity - Patient Care - Confluence (hl7.org)
Draft Implementation Guide: HL7.FHIR.US.PHYSICAL-ActivityHome - FHIR v4.0.1
Weekly Project Group Meeting Minutes: https://confluence.hl7.org/x/KwJkBg
Join our Listserv: Manage My Listserv Subscriptions | HL7 International

New logo for the It’s Time To Move. This will be used in presentations and other communications. This logo was designed by Maritere Mulero, a Public Health Associate for the American Heart Associate and Physical Activity Alliance.